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What's the shelf life of your holiday leftovers?

metroLIFE

The little *video store* that's *thriving* in the golden age of Netflix

metroNEWS

Dwayne Ward, staff member at Bay Street Video, eyes the store's extensive collection of DVDs. LIZ BEDDALL/METRO

Shelters may be left in cold

HOMELESSNESS

Funding for 24-hour centres left out of 2016 budget proposal

Gilbert Ngabo
Metro | Toronto

Toronto's new strategy for giving people refuge from the cold may not live to see another winter.

Funding for 24-hour drop-in centres aimed at homeless people isn't included in the city's 2016 budget proposal — an issue that was front and centre Tuesday as councillors debated the spending plan.

"The people on the streets need these services. We can't let them down," Coun. Joe Cressy said.

The Ward 20 councillor led an effort last year that allocated $460,000 in one-time funding to keep Margaret's (Sherbourne and Dundas) and St. Felix (Augusta Avenue) open around the clock for the first two months of this year. The money, which came from a reserve fund, can also be used to open the centres anytime they're needed in November, December, March and April, according to a council report.

But that won't be an option in the future unless more councillors jump on board to support making the spending permanent. Council is expected to approve the budget in February.

The centres started their new 24-hour schedules on Jan. 1 and have been busy. On Monday night, the coldest this winter with a low of -15 C, 54 people were at Margaret's and 69 at St. Felix.

There are about 30 drop-in centres across the city, but the vast majority are open only during the day. Overall, the proposed 2016 budget includes $7.4 million for drop-in services, up from the $6.2 million approved last year.

N.Y.'S PUBLIC ORDER

Caring for homeless people has sparked discussion around the globe in the past week after New York's governor issued a public order that people living on the street be brought in from freezing temperatures.

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Your essential daily news

Fast-food chains wage price war with meal combos designed to discourage dollar menus

Famed homage concerto found

ARTS

Piece written by Norwegian musician for teen prodigy

Librarians at the University of Toronto's Faculty of Music have stumbled on a famous composer's concerto, lost for more than a century, buried deep in the archives — and dedicated to a bygone Canadian prodigy.

Kathleen Parlow, the only musician known to have played the piece, written with exquisite penmanship by Norwegian concertmaster Johan Halvorsen, performed it in Holland in 1909 at age 18.

After that, silence. It sat among Parlow's manuscript scores, collecting dust in her residences in St. Petersburg, San Francisco and ultimately Toronto, then on an archival shelf "in a box that found its way to the back," said James Mason, the librarian who discovered it in the stacks at the Faculty of Music.

He had only an inkling of the sheet music's significance.

"Halvorsen ranks as one of the most important musicians and composers in the early 20th century," said Suzanne Meyers Sawa, acting head librarian at the Faculty of Music.

Kathleen Parlow was the only violinist known to have performed the lost concerto.
LIBRARY AND ARCHIVES CANADA

"For those who are violinists, this will be the reintroduction of a brand new work, a wonderful orchestral concerto that hasn't been heard for over a century, back into the repertoire," she said — albeit thanks to "a bit of serendipity."

Mason came upon the concerto, a composition for a solo instrument accompanied by an orchestra, 52 years after Parlow bequeathed her correspondence and collections to the university. He was reorganizing a vast digital database and noticed some "anomalies," prompting a descent into the lower depths of the basement library.

"All of a sudden I find this handwritten score by Johan Halvorsen and thought, 'What the heck is this?'"

Classical connoisseurs and orchestral aficionados will find out on July 16, when Opus 28 is set to make its debut in Stavanger, Norway, at the International Musicological Society's annual conference.

The piece is 100 pages long and thick with 16th notes, arpeggios and allegro crescendos, all typical of the "brilliant orchestration" of "one of Norway's greatest violin virtuosi," the New Grove Dictionary of Music and Musicians states. The dictionary still lists the 1909 work as "lost."

Meyers Sawa hopes to mount a homegrown production down the line, ideally by the Toronto Symphony Orchestra. Jonathan Crow, TSO concertmaster and a renowned violin soloist, has already looked over the concerto and practised parts of it himself, enthused about its "virtuosic passages." TORSTAR NEWS SERVICE

Scarborough's "Superwoman" has been named to the 30-under-30 list.
BERNARD WEIL/TORSTAR NEWS SERVICE

YOUTUBE

Lilly Singh on Forbes' 30 list

It's a comic force … it's a YouTube phenom … it's Superwoman?

Lilly Singh, the Scarborough native whose online alter ego Superwoman has become famous around the world, has been named one of Forbes magazine's 30-under-30.

"Lilly Singh is part of a new generation of stars that has used YouTube to gain a following," Forbes says of her on its website. "This Canadian comedian, known to her fans as Superwoman, both raps and performs stand-up; she made millions last year thanks to a world tour and other ventures."

After earning a degree in psychology from York University, Singh pursued YouTube fame full-time. She uploaded her first video in 2010, and over the past five years her confidence has grown and her personal style soared to new heights.

Sporting graphic T-shirts and a snapback hat rather than the tights and cape her nickname suggests, the 27-year-old posts two videos a week. Each five to 10 minutes long, they cover a variety of topics from the conservatism of Indian families to texting and Instagram. They're punctuated by one-liners and her famous confused catchphrase sound effect, "Shemurr?"

According to her YouTube profile, she's a "sassy South Asian female that makes you laugh, makes you think and most importantly, makes you feel good."

Singh has legions of international fans and her IISuperwomanII channel boasts more than 7.5 million subscribers.

"You need to know who your ideal viewer is, and mine is a 14-year-old screaming female. And I'm thrilled about that," said Singh in a previous interview with Torstar News Service.

This isn't the first time Singh has been recognized by Forbes. Last year she placed eighth on a list of YouTube millionaires, with reported earnings of $2.5 million. TORSTAR NEWS SERVICE

ALSO ADDED

Toronto's 17-year-old singer-songwriter Shawn Mendes and 25-year-old The Weeknd were also included in the music section.

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COLLISION

Woman seriously injured by plow

A woman was sent to hospital with life-threatening injuries Tuesday morning after being hit by a snowplow in North York, marking the second serious pedestrian-vehicle collision in Toronto this year.

The crash happened at about 6:40 a.m. on Steeles Avenue E.

The 52-year-old woman was crossing mid-block near Waggoners Wells Lane when she was hit by a pickup truck with a plow attached, police said.

The woman's injuries were serious, police said, and there were no updates on her condition by Tuesday evening.

There's also no word on if the 71-year-old driver will face charges.

A 39-year-old man was killed in Scarborough on Sunday when he was hit by a car while crossing Kennedy Road — also mid-block.

Pedestrian advocates in Toronto have long complained there are too few pedestrian crossings on major arterials like Steeles and Kennedy.

They're hoping the issue will be addressed when the city releases its revised road-safety plan later this year. Last year was the deadliest year on Toronto's roads in more than a decade.

LUKE SIMCOE/METRO

IN BRIEF

Man stabbed in leg near Yonge-Dundas Square

Police are looking for two suspects after a man in his 20s was stabbed in the leg near Yonge-Dundas Square around 7:30 p.m. Tuesday.

The victim was "bleeding badly" and became unconscious after stumbling into a nearby restaurant, police said. Paramedics said he was rushed to hospital in serious condition.

TORSTAR NEWS SERVICE

Metrolinx retires GO app

GO Transit has retired its mobile app in favour of its mobile website for smartphone users.

The app, developed in conjunction with the Digital Media Zone at Ryerson University, was launched in 2011. It had technical issues that couldn't be resolved without "significant" work, said Metrolinx spokeswoman Anne Marie Aikins. Meantime, GO had already launched a mobile website, which, unlike the app, is suitable for virtually every device. TORSTAR NEWS SERVICE

'Sharing economy' lost in big-company hype: Critics

BUSINESS

Uber, Airbnb 'businesses with a bottom line': CityLab

Luke Simcoe
Metro | Toronto

Ryan Dyment of the Toronto Tool Library says it's time to rethink what we mean by the term "sharing economy."
TORSTAR NEWS SERVICE FILE

Forget Uber or Airbnb, there's a real sharing economy in Toronto for those willing to look for it, some say.

While the two tech giants are often referred to as leaders in the emerging "sharing economy," there's a growing consensus that the label doesn't apply.

"Whether you applaud these companies for the flexibility they offer or bemoan them for the job security they don't, you should call them what they are: businesses with a bottom line," wrote the authors of CityLab, in a post about buzzwords they'd like to see banished in 2016.

Ryan Dyment, founder of the Toronto Tool Library, couldn't agree more.

"Everyone likes a hot new term. The 'sharing economy' is the term for now, but it's confusing because it doesn't really mean a lot," Dyment said. "The concept of sharing is a lot closer to what we're doing than what Uber and Airbnb do."

Founded in 2012, the non-profit tool library lends out a vast array of tools to its members and teaches free classes on everything from woodworking to 3-D printing.

They'll be launching a crowdfunding campaign in the near future to expand their collection to include sporting goods, camping equipment, games and toys.

Profit motive aside, what really separates a company like Uber from the tool library and other places is a sense of community, Dyment said.

Through its services and events, the organization has brought numerous people together to share, swap or learn.

"When you really get down to sharing, it's the people who are having potluck dinners or hosting clothing swaps at their house," Dyment said.

"Those things are undervalued. They're not a big company that we write about in the headlines, but they're the real sharing economy."

WHAT NOT TO SAY

Some other words CityLab wants to retire for 2016

Artisanal: "This word has been casually tossed around to refer to anything that borders on twee. It's lost its status as something that nods to a skilled trade or impressive feat."

Hipsters: "I hardly know what to say about the continued use of this term anymore. It's just so meaningless."

Millennials: "Here's hoping the 2016 conversation on generational change and cultural mores can move beyond the buzzwords and towards a little more specificity and substance."

SOURCE: CITYLAB.COM

GET YOUR SHARE ON

1. Toronto Tool Library
The library offers members access to more than 2,000 different tools at three locations.

2. Craigslist rideshares
Long before Uber, drivers and passengers were connecting on Craigslist to share rides — and the cost of gas.

3. Couchsurfing
Numbers have dropped, but there's still a community of couchsurfers willing to trade a little cross-cultural experience for a spare bed.

4. Centre for Social Innovation
Toronto's pre-eminent co-working spot lets members share office space and equipment.

5. Bunz Trading Zone
A sort of Facebook flea market, the group allows members to connect and swap just about anything. The only rule is that no money exchanges hands, but things like TTC tokens are fair game.

PETS

Toronto Animal Services warns of wily coyotes in city

Toronto Animal Services is warning dog owners to be mindful when walking through local parks, lest they have a run-in with a randy coyote.

"At this time of year, coyotes are more curious about our domestic canine pets," said program manager Mary Lou Leiher. "It's mating season, and they don't want another canine in their territory."

The warning comes after a Toronto Reddit user posted an account of their dog being chased by two coyotes in High Park on Sunday.

"We have seen these guys in the past but only ever from a distance. They have never actively pursued my dog before," the user wrote.

Such incidents are very rare in the city, Leiher said, but she cautioned people to keep a close eye — and leash — on their dogs while walking them.

"A coyote will be less likely to approach a dog when it's on a leash. They're very scared of people," she said.

LUKE SIMCOE/METRO

Web hasn't killed the video store

RETAIL

Shops like Bay Street thriving despite change in industry

Luke Simcoe
Metro | Toronto

In a small shopping plaza near Bay and Bloor streets, there's proof that the death of local video stores has been greatly exaggerated.

Four years after the last Blockbuster Video closed its doors in Toronto, Bay Street Video continues to stand strong. The shop has been open since the 1980s and has weathered all sorts of storms, from the death of VHS tapes — it was one of the first video stores in the city to go all-DVD — to the rise of streaming video services.

And, in a twist worthy of a Hitchcock film, the store says its sales jumped 10 per cent in 2015 and it was recently named one of the top 50 video stores in North America by Entertainment Weekly.

"We're hearing a lot of people saying they're tired of Netflix. That they've exhausted everything they want to watch and are settling for leftovers. Those people are returning to the video store," said Paul Roth, Bay Street Video's longtime manager.

There's no single reason for Bay Street Video's longevity, Roth says. Sure, the clientele has gotten a bit older and there's less competition than in years past, but he credits the store's staying power to its collection.

"We've got 30,000 titles for rent from silent films to the present day," he said. "It's massively more comprehensive than what you'll find from on-demand or streaming."

The little video store also strives to create community. It offers discounts to film students, works with customers to curate the collection and has regular events called Films for Free at BSV, where movies relating to a chosen theme can be rented without charge.

Roth has seen his share of change in his three decades in the industry, but he said there are a few things that stay the same.

"For 30 years, I've been fighting for space to put everything," he said. "We've always been out of space, but we've always managed."

MORE STORES

"Toronto is blessed" to have "more amazing video stores than even New York or Los Angeles," says Paul Roth. Other hot spots:
— Suspect Video (605 Markham St.)
— Queen Video (multiple locations)
— Eyesore Cinema (801 Queen St. W.)

Mark, a customer at Bay Street Video, says the warmth of the staff at the store has kept him coming back for 10 years. LIZ BEDDALL/METRO

FEATURE PRESENTATIONS

FlipCovers: Custom-ordered display coverlets run across the many shelves of Bay Street Video's store. Manager Paul Roth says he would not be able to display his 30,000 DVD-strong rental collection without this unique, space-saving system, which he's never seen used in any other store.

FreeFilms: With the aim of giving back to the community, the store's Films For Free program offers anyone the chance to grab one of the store-selected films to borrow with no strings attached. This month's Films For Free theme is "Neglected Nuggets" — or, great films that are regularly looked over.

PostItReviews: Staff at Bay Street Video regularly attach brief film reviews onto the store's display covers, and don't hold back on the films they despised. On a visit to the store director Edward Wright thanked the store's employees for the kind words left on his film, Scott Pilgrim vs. The World.

Outpouring as beloved ticket-taker dies

MORNINGSIDE

Chatty legend manned post for five decades

Gilbert Ngabo
Metro | Toronto

For moviegoers at the Morningside theatre, having their tickets ripped will never be the same.

James Loader, the man who's been at the front desk for nearly 55 years, died Sunday evening. He was 83.

News of his passing spread quickly, and a Facebook page was created in his honour.

"I feel like you will read this in movie theatre heaven. Will you be there to rip my ticket when we meet again?" Paul Cutillo wrote on the page.

Loader's daughter, Patricia Lalonde, said the family is overwhelmed by the community support and expression of sympathy.

> **"I was always the daddy's girl. We'll miss him horribly.**
> Patricia Lalonde

But it's not surprising. Loader, described as loyal and practically a legend in the Scarborough community, always wanted to start a conversation with everyone, she said.

"He was a very gentle and kind man, soft-spoken," she said, adding she felt a special attachment to him as the only daughter among three boys.

"I was always the daddy's girl. We'll miss him horribly."

Cineplex was also "devastated" by the loss, communications director Sarah Van Lange said.

"He has a lasting legacy," she said.

Some 15 years ago, Cineplex honoured James Loader for his 40 years of service with the company. CONTRIBUTED

Molson has confirmed it is involved in the creation of a roof rink at 120 Adelaide St. W. STEVE RUSSELL/TORSTAR NEWS SERVICE

HOCKEY

Rooftop rink rises above Adelaide St.

No cars will be interrupting this hockey game.

A rink has appeared high above city streets in what appears to be a publicity stunt by a beer company.

Instagram user @triptime1965 posted a photo of the rink atop 120 Adelaide St. W. on Monday.

The user, who declined to give his real name, said the boards started appearing before Christmas and the nets were lifted into place by crane on Monday.

That a fully equipped hockey rink complete with boards was topping the 26-storey office tower was news to Charmaine Szpiro, who works at Hy's Steakhouse on the ground floor.

A lunch customer told her about the rink on Monday.

"I thought they were pulling my leg," she said. "How are they going to do that? It hasn't even been cold enough, for one. And then it's on the roof."

Szpiro guessed the construction site next door, on the EY Tower at 100 Adelaide St. W., may have helped conceal the clandestine operation.

The Instagram post and ensuing media reports about the rink set off a wave of speculation that it was part of Molson's "Anything for Hockey" campaign.

Molson confirmed it is involved but declined to provide more information.

After flying winners to Shamrock Lake in B.C. for a round of shinny last year, this year's contest promised to "(take) the game to new heights," according to a promotional video.

TORSTAR NEWS SERVICE

TORONTO ZOO

TOO CUTE TO BEAR

This fuzzy polar-bear cub has reached 2.8 kilograms and is becoming more mobile as she nears two months old. The cub remains in the Wildlife Health Centre and isn't yet available for the public to see.

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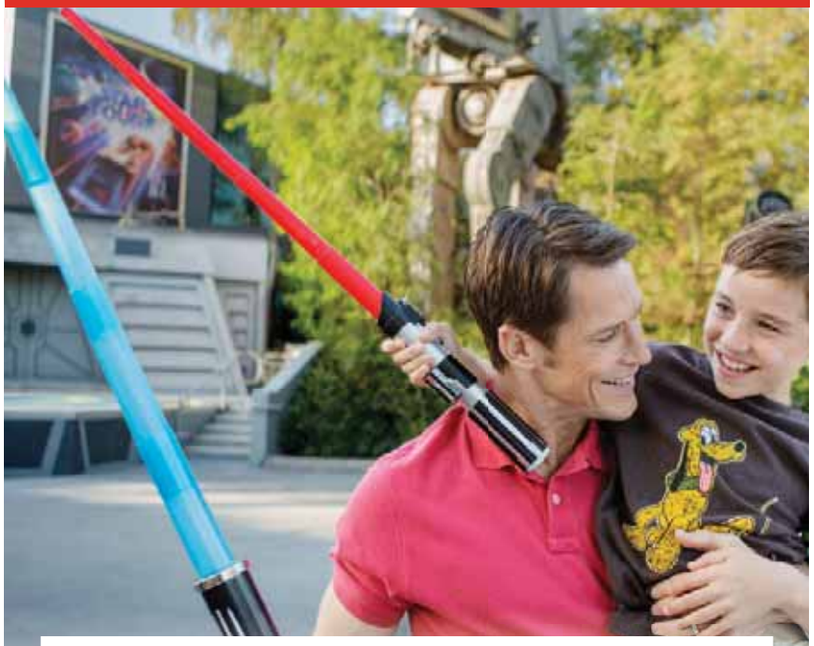

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Barn fire kills 43 elite racehorses

ONTARIO

Like losing a child, says one trainer who lost 7 animals

The deaths of 43 racehorses in a massive barn fire is more than just a professional catastrophe — it's akin to losing members of a family, one trainer said Tuesday.

Dan Lagace was working with seven horses that were being housed at the Classy Lane Stables in the southern Ontario town of Puslinch, about 20 kilometres south of Guelph. All of his animals and three dozen others perished Monday night in a blaze that could only be subdued through the efforts of 50 firefighters from multiple communities.

"It's almost like losing a child," the 38-year-old said.

Lagace said the blaze also represents a devastating professional setback. He said he has virtually nothing left, since equipment amassed over years was also destroyed in the fire.

The economic impact extends well into the close-knit, horse-oriented community, said Classy Lane co-owner Jamie Millier. Grooms, veterinarians, blacksmiths and other professionals involved in the industry will be feeling the effects of the equine deaths for months to come, he said.

Millier had been vacationing in Florida when he got word of the fire and hastily flew back to Canada. He said 43 horses were in the barn when the fire broke out. The death toll would have reached 45, but two other horses normally housed in the barn were out at races at the time.

The fire broke out on a night when temperatures dipped as low as -20 C.

Local crews responded quickly, but found the barn fully engulfed in flames once they arrived on scene.

Puslinch's fire chief Steven Goode said the wintry weather caused hose lines to keep freezing up and created challenging road conditions.

THE CANADIAN PRESS

Neighbour Madison Ross, 15, hangs ribbons, flowers and a stuffed pony she brought from home on a fence at Classy Lane Stables. TORSTAR NEWS SERVICE

IN BRIEF

Homeless veterans total 2,250, study finds

For what's believed to be the first time, the federal government has estimated how many of Canada's homeless are former soldiers. The March 2015 study estimates that 2,250 former soldiers use shelters regularly, about 2.7 per cent of the total homeless population that uses temporary lodging.

THE CANADIAN PRESS

Cities opposed homeless count, documents show

The federal government is moving ahead this month with a nationally co-ordinated count of homeless people, despite opposition from cities that they wouldn't have enough time to get resources in place. THE CANADIAN PRESS

LAURENTIAN UNIVERSITY

Prof in hot water over waiver request

A professor at Laurentian University has been removed from teaching an introductory psychology class after requesting that students sign a waiver agreeing to his use of crude language.

Michael Persinger TWITTER

Dr. Michael Persinger was yanked from the class two months after providing students with a "Statement of Understanding" that contains a list of 27 words, from "politician" to the F-word to "Satan" to a homophonic slur.

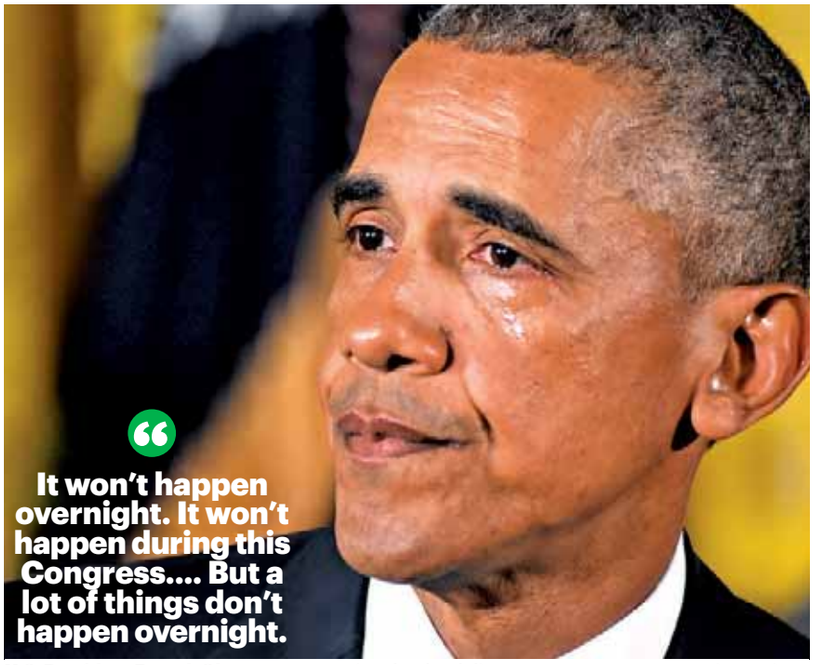
The "statement of understanding" also includes the warning "This course is rated 'R' for coarse language and explicit content."

The Laurentian University Faculty Association has filed a grievance against the move, saying that it violates academic freedom.

Speaking to the CBC, Persinger said he uses some colourful language because it's important for budding psychologists to feel like they can ask any question without being judged.

Dr. Robert Kerr, provost and vice-president of academic affairs at the Sudbury university, said the issue isn't academic freedom but rather the waiver put before students.

TORSTAR NEWS SERVICE



U.S. President Barack Obama gets emotional as he delivers a statement on executive actions to reduce gun violence. JIM WATSON/AFP/GETTY IMAGES

Obama takes on gun lobby

UNITED STATES

Expanded background checks among planned steps

Tears streaking his cheeks, U.S. President Barack Obama launched a final-year push Tuesday to tighten sales of firearms in the U.S., using his presidential powers in the absence of tougher gun restrictions that Congress has refused to pass.

The president struck a combative tone as he came out with plans for expanded background checks and other modest measures that have drawn consternation from gun-rights groups, which Obama accused of making Congress their hostage. Palpable, too, was Obama's extreme frustration at having made such little progress on gun control since the slaughter of 20 first-graders in Connecticut more than three years ago.

"First-graders," Obama said woefully, resting his chin on his hand and wiping away tears as he recalled the 2012 massacre at Sandy Hook Elementary School. "Every time I think about those kids, it gets me mad."

Obama's plan to keep guns from those who shouldn't have them marked a concession by the president: he'll leave office without securing the laws he's repeatedly and desperately implored Congress to pass.

Although Obama can take action around the margins, only Congress can enact sweeping changes that advocates say are the only way to stem a scourge of mass shootings.

The centrepiece of Obama's plan is an attempt to narrow the loophole that exempts gun sales from background checks if the seller isn't a federal registered dealer.

Easily reversible by a future president, the guidance lacks the legal oomph of a new law, such as the one Obama and like-minded lawmakers tried but failed to pass in 2013.

What's more, none of the steps likely would have prevented Aurora, Oak Creek, Charleston or Newtown. But Obama defiantly rejected that critique, dismissing it as the tired trope of gun lobbyists who ask "Why bother trying?"

"I reject that thinking," Obama said. "We maybe can't save everybody, but we could save some."

THE ASSOCIATED PRESS

HIGHLIGHTS

Key points in the executive-action plan

1 Expanded background checks
Anyone who's in the business of selling guns must obtain a licence and must conduct background checks.

2 More FBI examiners
The FBI will hire more than 230 additional staff to help process background checks. The FBI is also improving the response time for alerting local law enforcement that someone who is disqualified from buying a gun attempted to do so.

3 Smart gun technology
The departments of Defence, Homeland Security and Justice have been directed to conduct or sponsor research into smart gun technology to reduce the risk of accidental discharges and improving the tracing of firearms.

4 Lost and stolen weapons
A dealer shipping a gun is responsible for notifying authorities once it's determined it was lost or stolen in transit.

5 Mental health
A $500-million investment to improve mental-health care

TORONTO Call 311

Join the discussion about Toronto's 2016 Budget

The preliminary 2016 tax supported budgets are being considered by the Budget Committee for recommendation to the Executive Committee and City Council.

Review the preliminary 2016 Budget at: **toronto.ca/council** or **toronto.ca/budget2016.**

User Fee Town Hall Meeting
City Hall, Committee Room 2, January 11, 6 p.m.
Information session on the user fee policy and any proposed fee increases above inflation. No deputations.

To participate in the 2016 Budget discussion:

1. Make a public presentation at one of the Budget Subcommittee meetings on January 12, 13 or 14, 2016.
Register by email to buc@toronto.ca or call 416-392-4666 before 12 p.m. on Monday January 11. Indicate your choice of location, date and session number. Individuals may make only one presentation at any one of the sessions.

City Hall
Committee Room 1
100 Queen St. West
January 12
Session 1: 9:30 a.m.
Session 2: 6 p.m.

Etobicoke Civic Centre
Council Chamber
399 The West Mall
January 12
Session 1: 3 p.m.
Session 2: 6 p.m.

Scarborough Civic Centre
Council Chamber
150 Borough Drive
January 13
Session 1: 3 p.m.
Session 2: 6 p.m.

North York Civic Centre
Council Chamber
5100 Yonge Street
January 13
Session 1: 3 p.m.
Session 2: 6 p.m.

East York Civic Centre
Council Chamber
850 Coxwell Ave.
January 14
Session 1: 3 p.m.
Session 2: 6 p.m.

York Civic Centre
Council Chamber
2700 Eglinton Avenue West
January 14
Session 1: 3 p.m.
Session 2: 6 p.m.

2. Send your written comments to the BudgetCommittee.
Email: buc@toronto.ca. Fax: 416-392-1879, or Mail: Toronto City Hall, 100 Queen St. W., 10 West, Toronto, ON M5H 2N2. Send to - Attention: Budget Committee

3. Send a letter or email to your local City Councillor.
For contact information, please call 311, TTY: 416-338-0TTY (0889), email 311@toronto.ca or visit toronto.ca.

Notice: If you write or make a presentation to the Budget Committee, the City will collect and use your personal information in accordance with applicable laws. We also videotape meetings and make recordings publicly available on request. More information about the collection and use of your personal information is available at:

http://www.toronto.ca/legdocs/privacy.htm.

Pro-government Syrian student Hani Ali Hassan, 19, left, is comforted by his mother in a hospital south of Beirut.
HASSAN AMMAR/THE ASSOCIATED PRESS

Syrian villagers under siege

CRISIS

Some burning doors for heat, eating grass

Pro-government fighters recently evacuated from two besieged villages in northern Syria described harsh conditions there with scarce food and medicine, saying some residents are eating grass to survive and undergoing surgery without anesthesia.

The villages of Foua and Kfarya have been under siege more than a year, In September, insurgents captured a nearby air base where helicopters used to take off and drop food to about 30,000 people in the mostly Shiite area.

"Our life was catastrophic in Foua and Kfarya," said Hussein Mahdi Kazem, a 16-year-old wounded fighter. He spoke from a hospital south of Beirut, where he was evacuated last month.

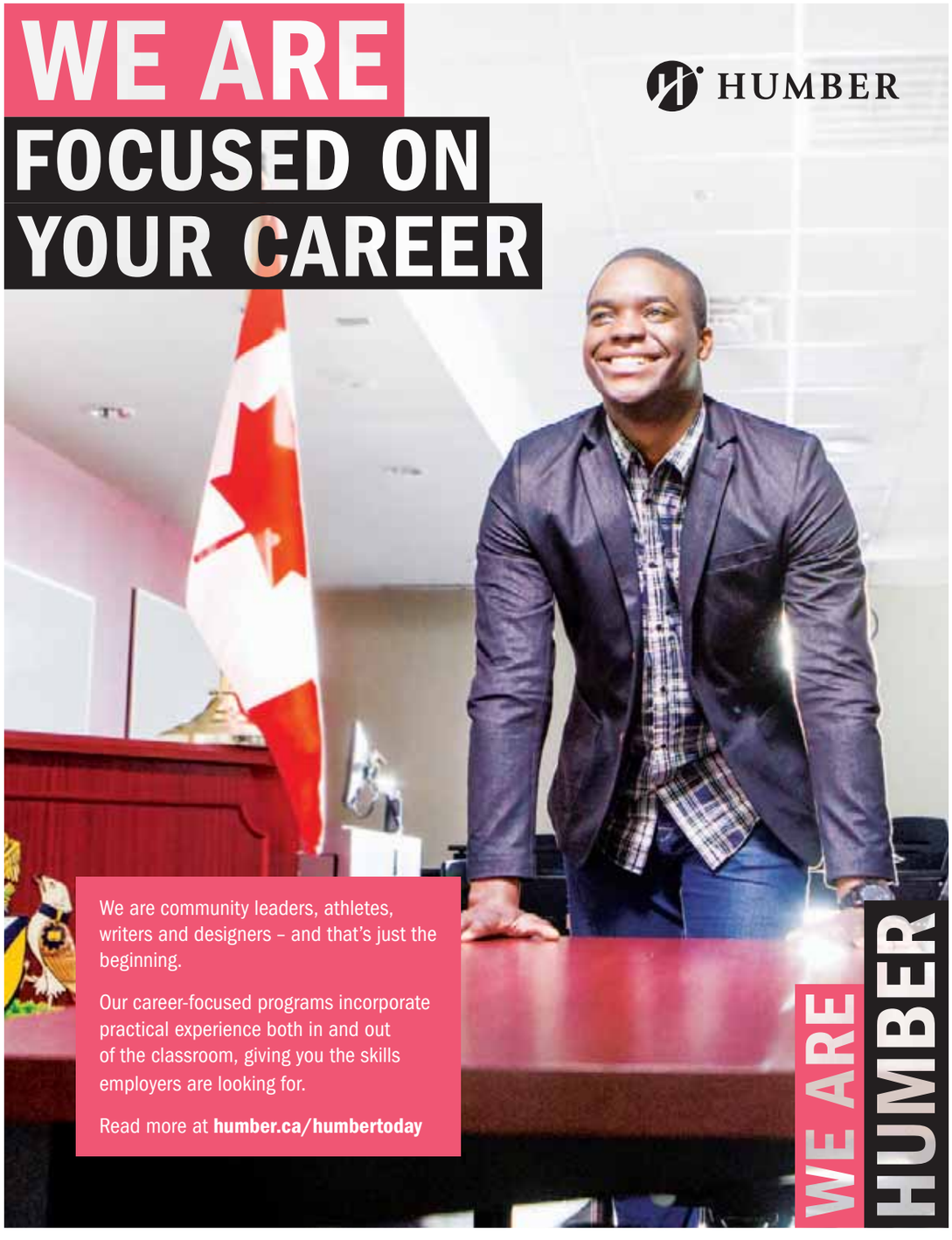
> **Life is miserable. People cannot find a pill of aspirin ...**
> Mohsen Darwish

But the two Shiite villages are not alone in their suffering. Both sides in Syria's conflict have used siege tactics on towns or villages to gain control.

The border town of Madaya has been besieged since early July. People are burning doors for heat, a local official said. In all three villages, residents used to rely on troops or insurgents to bring food, but the smuggling has recently dropped sharply.

"Life is miserable. People cannot find a pill of aspirin or painkillers," said Mohsen Darwish, a Shiite cleric from Kfarya who lives in Lebanon.

THE ASSOCIATED PRESS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INTERNATIONAL SECURITY

'Successful' H-bomb test in North Korea

North Korea says it has conducted a hydrogen bomb test, a surprise announcement that complicates already difficult efforts to curb the country's push for a working nuclear arsenal.

The North said Wednesday in a broadcast that the test was "perfectly successful." A hydrogen bomb is generally more powerful than a nuclear bomb.

North Korea has long pushed for an arsenal of warheads that can be mounted on a missile capable of reaching mainland America's shores. North Korea is thought to have a handful of rudimentary nuclear bombs, but it is not yet thought to have succeeded in its ultimate goal.

South Korean officials had earlier Wednesday detected an "artificial earthquake" near North Korea's main nuclear test site. The U.S. Geological Survey measured the magnitude of the seismic activity at 5.1 on its website. An official from the Korea Metrological Administration, South Korea's weather agency, said it believed the earthquake was caused artificially based on their analysis of the seismic waves and that it originated 49 kilometres north of Kilju, the northeastern area where North Korea's main nuclear test site is located.

South Korea detected an "artificial earthquake" near North Korea's main nuclear test site Wednesday. THE ASSOCIATED PRESS

Another test would deepen North Korea's international isolation by prompting a push for new, tougher sanctions at the United Nations and worsening Pyongyang's already bad ties with Washington and its neighbours.

The United States and its allies worry about North Korean nuclear tests because each new blast brings the country closer to perfecting its nuclear arsenal.

Since the elevation of leader Kim Jong Un in 2011, North Korea has ramped up angry rhetoric against the leaders of the United States and South Korea.

THE ASSOCIATED PRESS

IN BRIEF

Iran dispute escalates
Iran's President Hassan Rouhani says Saudi Arabia cannot "cover up" its crime of executing a leading Shiite cleric by severing diplomatic relations with the Islamic Republic, even as the kingdom's allies began limiting links to Iran. The White House urged Saudi Arabia and Iran not to derail efforts to end the Syrian civil war.
THE ASSOCIATED PRESS

More migrants die at sea
Authorities recovered the bodies Tuesday of at least 36 migrants who drowned off Turkey after their boats overturned in rough waters as they tried to reach the Greek island of Lesbos, officials and news reports said. Twelve others were rescued. Nine bodies, including children's, washed up on a beach in the resort town of Ayvalik in the morning.
THE ASSOCIATED PRESS

New airline to take off

TRAVEL

Ultra-low-cost carrier picks Hamilton as one of its hubs

Canada's latest airline, NewLeaf Travel, will unveil its plans on Wednesday for making Hamilton one of its hubs.

The ultra-low-cost air carrier's website promises its service will feature "No more extra costs for things you don't want" and "You pay for your seat and the rest is up to you."

NewLeaf announced its interest in Hamilton in June, saying it would make its headquarters in Winnipeg with bases in Hamilton and Kelowna. Aircraft and crews for the NewLeaf flights will be supplied by Kelowna-based Flair Airlines.

Ultra-low-cost carriers — also called no-frills or budget airlines — make up for lower ticket prices by charging for extras such as food and baggage.

Ultra-low-cost carriers are new to Canada's aviation industry, and Hamilton airport executives have been keen to get at least one as a boost to their long-cherished dream of turning the John C. Munro Hamilton International Airport into a passenger destination.

While they have long argued that two million people live within an hour's drive of the airport, its history has been one of soaring hopes followed by bitter disappointment as more than 20 airlines have come and gone through the facility.

Passenger traffic peaked in 2003 at about one million when the airport was the eastern hub for WestJet, before the airline moved the hub to Toronto's Lester B. Pearson International Airport.

The only year-round scheduled service from Hamilton now is a single daily WestJet return flight to Calgary. That's in addition to seasonal service to vacation spots.

TORSTAR NEWS SERVICE

TRANSPORTATION UNIVERSITY TESTS DRIVERLESS TAXI A researcher at Seoul National University in South Korea hails a driverless taxi with a smartphone app. The university has been testing the vehicle, called Snuber, for the past six months without any accidents. They have been using it to transport disabled students around campus, giving a glimpse into the future of autonomous public transport. LEE JIN-MAN/THE ASSOCIATED PRESS

IN BRIEF

Workers denied bathroom breaks to get $1.75M

A Pennsylvania company, American Future Systems Inc., will pay a total of about $1.75 million US to thousands of employees who had to clock out while going on short breaks, including for the bathroom. The Department of Labor sued the company in November 2012, claiming it violated the Fair Labor Standards Act as employees weren't earning the minimum wage — $7.25 per hour — when the company required them to clock out for breaks.

THE ASSOCIATED PRESS

market minute

DOLLAR 71.48¢ (–0.25¢)

TSX 12,920.14 (–7.01)

OIL $35.97 US (–79¢)

GOLD $1,078.40 US (+$3.20)

NATURAL GAS: $2.325 US (–0.9¢)
DOW JONES: 17,158.66 (+9.72)

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metro VIEWS
Your essential daily news
Wednesday, January 6, 2016

URBAN ETIQUETTE ELLEN VANSTONE

THE ISSUE

How do I cut my homophobic friend out of my life?

Dear Ellen,

I made a mistake of letting someone back into my life. This person had been a close friend for years, but our friendship quickly turned to turmoil after she burst into my home and told me how "disgusting" and "sinful" I was being with my choice of (same-sex) partner. She yelled and demanded that I end (either) my relationship or the friendship.

I feel that my choice in ending my friendship was a strong one, and cut the friendship that was full of homophobia.

Recently, I agreed to meet her for coffee to give her a chance to apologize. I have been told I'm too nice and give too many chances for forgiveness.

This is correct, as she just came full circle again; instead of confronting me with her disgust for my relationship, she went to friends we have in common.

I don't want to confront this person face to face, as I feel it would end with a few choice words of my own. But at the same time, I'd like to make it clear that this person no longer has a place in my life.

What should I do?

J.C.

Halifax

Dear J.C.,

I love how you say, "I feel that my choice in ending my friendship was a strong one, and cut the friendship that was full of homophobia."

Good manners are never more important than with the people we are close to.

That wasn't just a "strong" choice, my friend. It was the absolutely correct one by any standard. The person you had this "friendship" with is not a friend. She does not understand or accept who you really are. And her manners — what with the homophobia and bursting into homes to yell at people — are deplorable. Good manners are never more important than with the people we are close to, and she failed big time.

Notwithstanding your careful wording, your thinking does get fuzzy when you say "instead of confronting me with her disgust for my relationship, she went to friends we have in common."

Of course it's wrong of her to criticize you and/or your sexual orientation to friends behind your back. But why would you expect her to confront you about it again? She already did that. There's nothing more to be said.

Frankly, it makes sense that you have no desire for another confrontation. You'd be breaking no rules of etiquette if you directly expressed your anger and disappointment to her, as long as your mode of expression was below 60 decibels and didn't contravene any sections of the Criminal Code. But you don't owe her anything. Judging by her backstabbing behaviour, she already knows how you feel.

As for your worries that you are "too nice" and "give too many chances for forgiveness," don't worry. There's no such thing as being "too nice"; it's just code for being a doormat, which you are not. And giving someone a chance for forgiveness doesn't necessarily require contact. She's perfectly welcome to go into counselling about her pathologically destructive homophobia, shower you with abject letters of apology, say extravagantly nice things about you behind your back to friends and send you flowers every week for a year, at which point any self-respecting person might consider forgiveness and renewed friendship.

In the meantime, cut her off completely. If you run into her, be as polite as you can, but decline to engage or open the door to further contact unless or until she earns it from afar. Remember, the less you say, the better.

Actions speak louder than words, and never more eloquently as when you take no action at all.

Need advice?
Email Ellen:
scene@metronews.ca

ROSEMARY WESTWOOD

metroview

What I hope gentrification won't paint over

I've been walking by the same window for three years. It's nondescript, sans signage, but always frames a painting; an inexplicable art window in between bars and boutiques on one of Toronto's overly hyped strips: Ossington Avenue.

I considered the window one of those oddities you find in any city, and until this weekend, never bothered to solve the mystery. Perhaps, I thought, an anonymous philanthropist was resisting commercialization and warp-speed gentrification — of the kind felt in any big city — by injecting a hit of art.

This weekend, the window held a field of poppies, crimson and dancing against a turquoise sky. On a grey day with a -22 C wind chill, I finally decided to figure it out.

It turns out Christian McLeod of 89 Ossington Ave. is a 46-year-old painter, and his live/work space is an echo of what the street used to be: cheap, deemed dangerous and undesirable, marked by car parks, a home reno store, an elevator mechanic's shop and other studios.

That was 10 years ago, and McLeod is among the holdouts, along with a cigar manufacturer and a dive bar. Places that put change into perspective, while they last — a synagogue in Chinatown, say — and are all the more valuable for it.

A French lady used to run a sandwich-and-soup shop open for just three hours a day. "You'd go up there one day and there'd be a sign: 'Gone to Paris, back in two weeks.'"

"It was quiet, it was almost abandoned," he says.

Due to residential zoning, McLeod's rent has stayed low. His new neighbours? "They're paying $7,000 a month for some of these storefronts."

Zoning also means he can't hang signs to advertise his studio, but he's always hung a painting. Five years ago, he'd never believe Bang Bang, an ice cream sandwich shop, would draw 40-minute line ups. "I would have said, 'You're nuts.'"

And as the foot traffic has picked up, he's begun to leave his door open on warm weekends.

Neighbours who've researched the area's history figure his is one of the oldest houses on the street. They discovered an artist lived in his exact space in the 1860s, he says. But McLeod is well aware that he may be its last occupant. Some day soon, he expects the landlords to flip the switch, and condos will rise.

"It's their property. They've been so good to me," he says. "It's just business."

I tell McLeod I don't know why I waited so long to learn the story of one of my favourite windows. I'm lucky it wasn't too late.

metro
Your essential daily news

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metro LIFE

Your essential daily news

Wednesday, January 6, 2016

Check out #RichardSapper on Instagram for creative tributes to the acclaimed designer of the Tizio lamp, IBM ThinkPad, who died last week

'Tis the series premiere season

TELEVISION

New year, new episodes of 10 beloved TV shows

Brian Gasparek
For Metro Canada

Season 11 of It's Always Sunny in Philadelphia premieres tonight on FXX. ALL PHOTOS CONTRIBUTED/GETTY IMAGES

Downton Abbey (Now airing)
This year marks the beginning of the end for one for the greatest Brit TV dramas of all time. The Crawleys return to PBS for a sixth and final season of Downton Abbey, which began airing Jan. 3. The final season has been airing in the U.K. since the fall… but of course you've been patient and download-free, right?

Megan Fox steps into New Girl's awkward shoes.

The Bachelor (Now airing)
One of TV's greatest guilty pleasures, The Bachelor, brought its addictive blend of romance, drama and superficiality back into our living rooms on Monday. This time around, two-dozen women are battling it out for the affection of Bachelorette finalist and fan favourite, Ben Higgins.

New Girl (Now airing)
It's hard to believe that four seasons of New Girl are already in the can, but alas, the fifth kicked off last night. To start the season, fans witness Megan Fox temporarily filling in for Zooey Deschanel as the show's female lead, as Deschanel took time off to be a new mom.

It's Always Sunny in Philadelphia (Tonight)
As we saw from its ridiculously awesome '80s ski-movie parody trailer, It's Always Sunny is finally back tonight. And although Season 11 won't likely feature any action on the slopes, we can't wait to see the gang back together.

American Idol (Tonight)
The 15th and final season of American Idol also starts this evening. If you gave up on the show years ago, you may want to tune back in for what's sure to be an epic last run. Along with host Ryan Seacrest, Harry Connick Jr, J-Lo and Keith Urban are returning as the show's final judges. It's going to be so big that even Kanye auditioned.

Shameless (Jan. 10)
On Jan. 10, the most hilariously dark and dysfunctional family on TV today, the Gallaghers, are back for a sixth season. If for some reason you haven't watched the American version of Shameless yet, you really need to get on it.

Workaholics (Jan. 14)
Stoners rejoice. Adam, Blake and Anders, our favourite doofus telemarketers, are back for a new season of Workaholics, starting Jan 14. Judging by its brain-melting, acid trip of a trailer, the new season looks like it's going to be the weirdest one yet.

Agent Carter (Jan. 19)
The awesome Peggy Carter is taking her superhero butt-kickings to the West Coast for Season 2 of Agent Carter, which begins on Jan. 19. This time around, Carter will have her hands full with L.A.-based atomic age threats in the wake of the Second World War.

Portlandia (Jan. 21)
The hilarious duo of Fred Armisen and Carrie Brownstein are getting set to unleash 10 more hipster-ribbing episodes of Portlandia starting on Jan. 21. We're pulling for more Peter and Nance in Season 6.

The X-Files (Jan. 24)
The most highly anticipated premiere of the New Year is the return of The X-Files. Mulder and Scully are back to fight aliens and search for the truth in the six-epsiode miniseries that begins on Jan. 24. We're pumped!

Gillian Anderson in The X-Files.

JOHANNA SCHNELLER WHAT I'M WATCHING

UnREAL gets real about the clichés of romance

THE SHOW: UnREAL, Season 1, Episode 9 (Lifetime)
THE MOMENT: The Proposition

Rachel (Shiri Appleby) is a producer of Everlasting, the Bachelor-like show within this show. Adam (Freddie Stroma) is her star, minor British royalty who wants only to promote his family's businesses. Rachel's boss Quinn (Constance Zimmer) expects Adam to propose to a contestant. But Adam and Rachel are sleeping together, and now he's entreating her to quit the show with him. "You could work yourself into spinsterhood like Quinn," he says, "or you can run away with me. I can show you the world."

Hearing the word "spinsterhood," followed by the quote from Disney's Aladdin, I finally got what UnREAL is up to. It purports to be a juicy exposé of how fake "reality romance" is. Meanwhile, it's been lulling us into caring about Rachel's romantic fate. But surprise — the whole thing is a bait and switch. Rachel's love story is as false as the contestants'. Love itself is the con. Clever!

EXPOSING EXPECTATIONS
Series creator Marti Noxon makes us realize how ingrained our expectations are, that a show with a female hero will conform to romantic conventions.

Sure enough, one minute into the next episode, Adam dumps Rachel. In the rain. Every cliché is upended. The handsome prince is a cad. It's happily never after. "The audience needs to believe it's real," Quinn says. How embarrassed we are to be caught out.

To drive the point home, the season finale ends with two people saying, "I love you" to one another. Just not the two you'd expect. And they probably don't mean it.

Shiri Appleby stars as Rachel in Lifetime's UnREAL. CONTRIBUTED

BOOK EXCERPT WINTER CABIN COOKING BY LIZZIE KAMENETZKY

Gnocchi with wild mushrooms

Escape the cold of winter with this beautiful collection of 150 mouthwatering recipes inspired by the cuisines of mountain villages and ski towns around the world.

For this book, acclaimed cooking writer, Lizzie Kamenetzky, has taken inspiration from snow-covered mountains and Alpine chalets, with all her favourite food from ski towns and winter holidays. With stunning location photography throughout, you can recreate the delights of winter without leaving the comfort of your home.

There is something undeniably comforting about little pillows of potato gnocchi. When cooked properly, they should be tender and fluffy rather than dense and heavy. Serves 4 - 6

Ingredients:

- 1lb. 2oz. even-sized small floury potatoes, such as Maris Piper/Yukon Gold, unpeeled
- 2/3 cup 00 flour, plus extra to dust
- freshly grated nutmeg
- 1 egg, beaten
- 2 Tbsp unsalted butter
- 1 tsp olive oil
- 2 banana shallots, finely chopped
- 2 garlic cloves, crushed
- 11 oz. wild mushrooms, cleaned and sliced if large
- 1/3 cup dry white wine
- scant 2/3 cup double/heavy cream
- small handful of fresh parsley leaves,
- chopped fine sea salt and ground black pepper freshly grated Parmesan, to serve

Directions:

Cook the potatoes, whole in their skins, in boiling salted water for 25 minutes until they are tender. Drain the potatoes and, once cool enough to handle, peel the skins off and mash the flesh using a potato ricer or by pushing it through a sieve/strainer so it is lump-free and fine.

Put the flour, 1 teaspoon salt and a little nutmeg into a bowl and add the potato, mixing with the blade of a knife. Make a well in the centre, add the beaten egg and mix together until well combined. Bring together with your hands but don't knead or you could make your gnocchi tough.

On a lightly floured surface, roll out the dough into sausage shapes, about 1/2 inch wide, then cut into 1/2 inch pieces. Use the tines on the back of a fork to roll the gnocchi, giving them the characteristic ridges. Put on a floured baking sheet and chill until you are ready to cook. (You can cook them now or chill for up to 24 hours.)

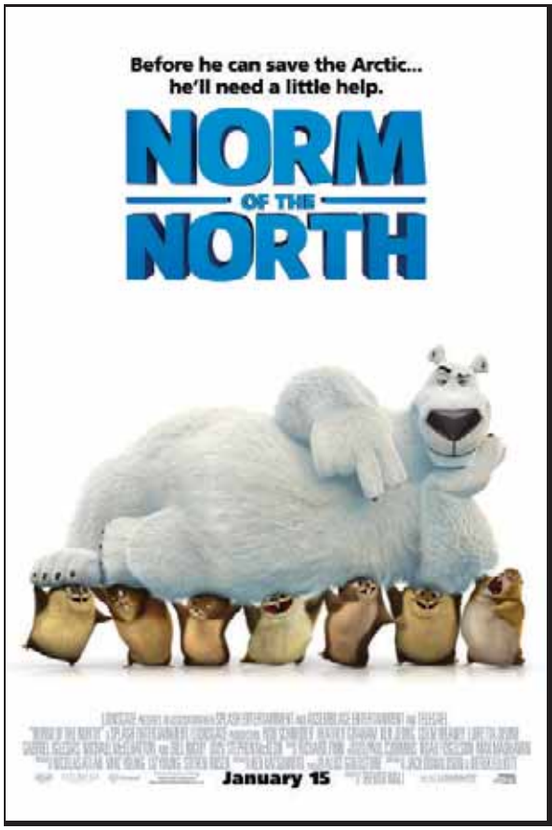
Make the sauce. Melt the butter in a pan and add the oil and shallots. Cook for 10 minutes until softened and tender. Add the garlic and fry for a further 30 seconds then add the mushrooms. Increase the heat and fry for 10 minutes until they are golden brown.

Add the wine and bubble for a minute. Add the cream, a splash of boiling water to loosen it a little and plenty of salt and pepper, then stir in most of the parsley. Bring a pan of salted water to the boil and add the gnocchi. They are cooked once they float to the surface, about 1–2 minutes.

Scoop out with a slotted spoon and divide among warmed serving bowls. Warm through the sauce and spoon over the gnocchi. Scatter with the remaining parsley and serve.

NASSIMA ROTHACKER/WINTER CABIN COOKING

WINTER CABIN COOKING: DUMPLINGS, FONDUE, STRUDEL, GLUHWEIN AND OTHER FIRESIDE FEASTS, RYLAND PETERS & SMALL, $35.95 US; RYLANDPETERS.COM PHOTO CREDIT: RYLAND, PETERS & SMALL



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ADVERTISING

ADVERTISING

Smokers Switch to Vaping for New Year's Resolution

Toronto retailer of e-cigarettes and vape products hosts special 'New Year's Resolution' event to assist smokers making the transition to vaping. (Jan 2-16)

A larger number of smokers are looking to switch to vaping in 2016. This coincides with a Aug 2015 British study by Public Health England concluding that the current best estimate is that e-cigarettes are around 95% less harmful than smoking.

For many first time vapers picking the right device and sifting through the hundreds of options available on the market is a daunting task. Specifically for this event 180 Smoke has created all inclusive starter kits, discounted up to 30%. These bundles include everything a beginner needs to make the transition, a month worth of e-juice, extra coils, batteries and the optimal beginner devices.

Expert staff will be available to answer questions and to demonstrate how to best use the devices. Visit 180 Smoke today and try the various e-juice flavours and strengths to find a perfect match. There's no better time to switch. Both nicotine and non-nicotine options are available. Visit 180 Smoke today and make 2016 a smoke free year.

Where? www.180smoke.ca or 6 GTA Locations:

- 696 DANFORTH AVE DANFORTH / PAPE
- BRAMALEA CITY CENTRE 25 PEEL CENTRE, BRAMPTON
- CENTERPOINT MALL YONGE / STEELES
- 746 WARDEN AVE, #2 WARDEN / EGLINTON
- 3391 BLOOR ST W ISLINGTON / BLOOR
- 657 YONGE STREET YONGE / BLOOR

Some leftovers best left uneaten

FOOD SAFETY

Can you eat it? Experts explore the dangers

We canvassed industry food and nutrition experts for advice on some food items you might be tempted to eat a few days later.

An open carton of chicken stock

Verdict: Use within three to five days.

"There are legit 'don't get sick' rules and then there are 'how far can I push it?' rules," says Theresa Albert, a Toronto nutritionist and food consultant who also writes for Metro. "We have to move food through the danger zone as quickly as possible." For chicken stock, you should play it safe and use within 3-5 days.

"If it was homemade chicken stock it would be less," Albert says, noting that carton of chicken stock is higher in preservatives such as sodium.

Here's a tip: use half the carton when you open it and freeze the other half.

Cooked turkey or chicken

Verdict: Use within three days or freeze.

You know that five-days-in-the-fridge smell? That's spoilage.

"I probably wouldn't use it up to a week past," says Brita Ball, food safety consultant and adjunct professor at the University of Guelph. "When you're getting to the fifth day you can start to smell a little bit of spoilage happening."

Ball suggests freezing leftovers immediately. "The sooner you freeze them, the better." You could also recook the meat to kill off some of the "spoilage organisms," which aren't harmful. It's the pathogens like salmonella you need to worry about.

Hummus left on the counter overnight

Verdict: Toss it or heat it up.

Jeffrey Farber, former director at Health Canada and current food science professor at the University of Guelph is quick to call this a big "no-no."

"That type of product which is left out overnight, you never know," he says. Farber is also wary of suggesting you use the hummus in cooking. As is Ball: "I don't like to waste food, but I would throw it out, absolutely," she says. She wouldn't even cook with it. "Once it's out on the counter, I have no idea what pathogens might be in there."

Nutritionist Albert suggests it's best to toss it if the hummus is mayo or yogurt based. She wouldn't spread it on toast, but might use it to thicken a soup or gravy.

Slow cooker chili with cooked ground beef, left on counter for 8 hours without power

Verdict: Toss it.

Don't treat food safety like a game. "It could be the game of your life," says Albert. If you forgot to turn the slow cooker on, start from scratch. "Ground beef is one of the highest risk foods. There's just far too many opportunities for the beef to be contaminated."

The standard is two hours of meat on the counter before it becomes a "food safety risk," says Ball. "People waste food and they don't need to. It's OK to use food past the best before date, because that's a food quality issue." But food safety is different, she advises. This one's a no-brainer.

TORSTAR NEWS SERVICE

When leftovers start piling up in your fridge, don't treat food safety like a game. ISTOCK

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Salad Dressings

PICK THIS

Renee's Greek Yogurt Cucumber and Dill Dressing

Portion 4 Tbsp
Calories 160
Fat 14 g

SKIP THIS

Renee's Mighty Caesar Dressing

Portion 4 Tbsp
Calories 320
Fat 32 g

HERE'S WHY

Equivalent in fat to a Burger King Double Stacker (two beef patties, cheese, bacon, Burger King Stacker sauce and sesame seed bun).

With the start of a new year, health and wellness are top of mind for many. Salads are what we all think is the silver bullet to weight loss in January — but beware! Those greens and other veggies are innocent, but look closely to what you're pouring over top. The Mighty Caesar dressing is made primarily from oil, eggs and cheese, giving you excess calories and about half your daily fat — which is equivalent to a double cheeseburger! In comparison, the Cucumber & Dill dressing is much lighter and healthier, with the first ingredient being Greek yogurt.

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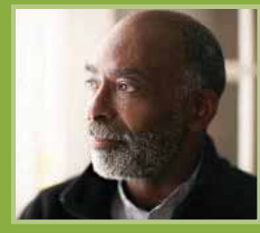

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NEW YEAR'S RESOLUTIONS

Designs on a new career in decorating

Jessica Waks went from making over her childhood bedroom when she moved back home after completing her undergraduate degree and blogging about her growing decorating interest to attending George Brown's interior decorating certificate, launching her own business (Jessica Claire Interiors) and even making appearances on The Marilyn Denis Show as a decor expert.

"Interior decorating, compared to interior design, can have a reputation for being a fluffy industry, but having the George Brown certificate gives you a sense of legitimacy," says Waks, who completed the program in 2011 while working in public relations at a design firm and taking on her own decorating clients even before she graduated. "It shows clients and suppliers that you've put in the work and instils confidence in your practice."

The part-time offering covers the basics of building code, design history, colour theory, elements of art and design. Practical components are also included in each course, so by the time students graduate they will have drafted floor plans, elevation drawings, lighting plans, found furniture and pieces for design clients, presented design concepts they created and written a business plan, says Andrea Santos, an instructor in the program.

"The range of topics covered is more diverse than other programs," she says. "There is a lot of focus on the technical skills required, which is extremely important for work in this field.

"Because I was working as a junior designer by the time I completed the program, I could see how many real world applications there were in our final assignments."

The program's practical components also extend beyond the classroom, as it takes advantage of its Casa Loma Campus location, which is walking distance from Designers Walk — a cluster of Canada's leading interior designer wholesale showrooms.

"There were field trips to the actual showrooms so you could meet and connect with sales reps first hand," Waks says of the networking experience allotted through the campus' proximity.

RECOGNITION IS BENEFICIAL

The Canadian Decorators' Association (CDECA) — a professional not-for-profit association representing student and accredited interior decorators and interior designers, and affiliate businesses across Canada — recognizes George Brown's interior decorating program.

The recognition, says Santos, allows students to obtain CDECA membership, which leads to networking prospects and continual training on new products and soft skills.

"To say you are a member of CDECA offers a sense of security to clients and employers that you are well-trained. It sets you apart from the rest of the field. If you graduate from a non-recognized program, CDECA requires many years of experience before it will consider you for membership," she says.

CONTRIBUTED

CONTRIBUTED

Digital photography keeps the focus on your future

Over the past year, Sofie Sharom had her work exhibited in several Canadian and American galleries, sold her first piece of fine art and was named a category winner in the 2015 Canadian Geographic Wildlife Photography of the Year competition — and she just completed her digital photography certificate at George Brown College last August.

"Professionally, I use the skills I acquired through the program almost daily in my career," says Sharom, who runs her photography business through sofiesharom.com. "The balance between theory and practical application was perfect. My style and technique evolved throughout the courses based on the theory I learned and the technical skills I was taught."

The part-time program offers students a fundamental knowledge of digital cameras, digital image files, lighting, exposure, composition, still life, studio work and three-dimensional effects while exploring new technology emerging in digital imaging.

"I would say the program evolves each time a course is offered," says Asif Raza, a teacher in the undertaking, whose own photography career began in 1983. "The ambition is to stay updated and be on the edge. Socially and culturally, photography is also radically evolving. So, I make my students are aware of what is going in the world, and how and why photography plays a role."

In addition to the wide range of subject matter and the flexibility provided by evening and weekend course options, Raza and Sharom agree it is the program's instructors who set it apart from similar offerings at other post-secondary institutions.

"I had a great mix of instructors throughout the program," says Sharom. "They each brought a different style and set of expertise to the table. Some were very technical, some more artistic and some practical, all of which made me a better, well rounded student."

"Our instructors have such a wide range of experiences that translate into how we impart the thinking process onto students," says Raza. "How we utilize the faculty is what makes George Brown different."

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Take the middle road with the X1

ROAD TESTED

REVIEW

New BMW crossover good for both city and country

Jil McIntosh
For Metro Canada

Automakers often share vital components between their models, and that's what has happened with BMW's smallest crossover, its X1.

For 2016, it morphs into its second generation, with new styling and more interior space. But it now links with BMW's other brand, and shares its engine and driveline with the equally new Mini Clubman.

While it's still all-wheel drive like the previous X1, this newest model primarily works with its front wheels, sending power to the rear ones as needed for traction and stability on curves, acceleration, and slippery surfaces.

The new exterior design gives it more resemblance to the larger X3, while the roomy interior follows BMW's signature look. The styling is solid, but there's a lot of hard plastic on the dash that looks a bit cheap for the price.

My tester had optional sports seats that were very comfortable and supportive, along with sliding and reclining rear seats that fold almost flat for extra cargo space.

The X1's turbocharged 2.0-litre four-cylinder engine includes an auto start/stop system that shuts it off at idle, such as when you're waiting at a light, and automatically starts it again as soon as you take your foot off the brake.

It's smoother than many I've driven, but you can turn it off if you prefer.

This new engine actually makes a little less power than the previous generation, but you wouldn't know it by the feel behind the wheel.

The transmission is an eight-speed automatic that can be optioned to a performance version with paddle shifters, in a package that also adds a sportier steering feel.

> **Steering response is quick, and the X1 handles beautifully.**

Steering response is quick, and the X1 handles beautifully. However, the ride is tuned for sports performance rather than luxury, and it's very firm.

The all-wheel system transmits power seamlessly between the front and rear axles. Although it's not really an off-road warrior, I've driven the X1 on a challenging course that it handled quite well, making it a feasible choice for those who spend weekdays on the asphalt, but like their weekends at the cottage and need something that can get them all the way there.

THE CHECKLIST | 2016 BMW X1 XDRIVE 28I

THE BASICS

Type. Four-door, five-passenger compact SUV
Power. Turbocharged 2.0-litre four-cylinder (228/258)
Transmission. Eight-speed automatic
Price. $38,800 (base); $50,040 (as-tested), plus destination

MAIN AND INTERIOR PHOTOS: JIL MCINTOSH/FOR METRO, OTHERS HANDOUT

COOL FEATURES

- Head-up display
- Heated steering wheel
- Connection package with concierge service
- Collision mitigation with emergency braking
- Panorama sunroof
- Hands-free liftgate operation
- Touchpad infotainment input

POINTS

- The dash-mounted "tablet-style" infotainment screen keeps your eyes up at the windshield when you're looking at the system.
- The new design provides more headroom than before.
- Run-flat tires are standard equipment, but they can be swapped for regular all-season tires as a no-charge option.

MARKET POSITION

- The compact crossover/SUV is one of Canada's hottest markets, and many of the premium automakers are bringing out smaller models. The X1's redesign keeps its compact footprint but makes it roomier than before.

THE COMPETITION

Mercedes-Benz GLA 250 4Matic
Base price: $38,000

Audi A3 Quattro
Base price: : $36,800

Lexus NX 200t
Base price: $41,950

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Happy birthday bug! The Beetle turns 70

Workers at the Wolfsburg plant assemble the Volkswagen Beetle. When the British took control of the military facility, they decided to repurpose it for civilian production. COURTESY VOLKSWAGEN

HISTORY

Iconic model born out of the ashes of war

In the days between December 25, 1945 and January 1, 1946 a little German car with an air-cooled engine at its rear and space for a family of four, rolled off the production line for the first time.

The Volkswagen Type 1, better known as The Beetle, went on to be one of the most important, iconic and biggest-selling cars of the 20th century and set the foundations on which its makers built one of the biggest car groups in the world.

However, if it hadn't been for the British military, the Beetle and everything that has followed in its wake may never have been.

At the end of the Second World War, the military facility that had been building the Beetle's forerunner, the 'KdF-Wagen,' came under British control. And rather than shut it down, the military, under the leadership of one Senior Resident Officer Major Ivan Hirst, repurposed it for civilian production, undertook an initial order for 20,000 cars and preserved 6,000 jobs in the process.

The idea was that the cars would be used by Allied forces stationed in Germany and to begin with production was small-scale, just 1,000 cars a month. But spurred on by Hirst's vision and by the lifting of export restrictions plus currency stabilization, within three years the Beetle was on sale globally.

> **He knew the qualities of the Volkswagen Saloon and was able to realize them on the road.**
>
> Dr. Manfred Grieger, on Ivan Hirst, who repurposed the Beetle for civilian use

Dr. Manfred Grieger, Head of the Volkswagen Aktiengesellschaft Corporate History Department, describes Hirst as a "skillful pragmatist" who "gave the factory and the workforce a vision, motivating British military personnel and German workers alike to turn the languishing works into a successful market-driven business," he said. "He knew the qualities of the Volkswagen Saloon and was able to realize them on the road."

The Beetle ceased production on European shores in 1978 and global production ground to a halt entirely in 2003, by which time over 21 million had been produced.

The car that replaced it, the VW Golf, has been twice as successful in terms of sales — 40 million and counting — since production started in 1974, but such is the love for the old Beetle that VW decided to resurrect it as the "New" Beetle in 1997. Built on the same platform as the Golf but retaining the original Bug's curves, it is currently in its second iteration.

And although it is proving popular, especially with drivers that put as much focus on individual style as on practicality and reliability, thanks to the fall-out from the current Dieselgate scandal. the latest Beetle could well be the last.

It is one of several niche models that could be axed as a way of cutting costs and stabilizing the company's finances for the future. AFP

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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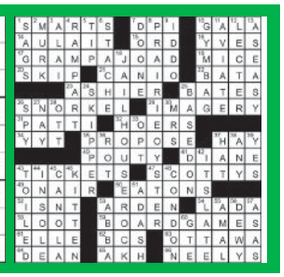
8	4	9	7	5	1	2	6	3
7	3	6	9	2	8	4	5	1
5	2	1	4	6	3	8	7	9
3	7	5	2	1	9	6	8	4
1	6	4	8	3	5	9	2	7
9	8	2	6	7	4	1	3	5
4	9	7	3	8	6	5	1	2
2	1	8	5	9	7	3	4	6
6	5	3	1	4	2	7	9	8



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The future will be the good old days

AUTOPILOT

Car companies catering to senior drivers

Mike Goetz
For Metro Canada

Ford's Third Age restricts movement and finger sensitivity, and even includes goggles to simulate glaucoma, so a person of any age or health can literally step into the body of aged person, to gain insight into their situation. MIKE GOETZ/FOR METRO

Ironically, if you look into the future of driving in North American and Europe, it looks old.

"Every seven seconds another person in the United States turns 55," says Sheryl Connelly, over the phone from Ford's HQ in Dearborn, Mich. "In the coming decade there will be more people over 50 than under 40 in the EU."

Connelly serves as Ford's resident "futurist." She is responsible for identifying global trends that the automaker needs to know, to do everything better across all its functions, such as product design and development, sales, corporate responsibility, etc.

And Connelly notes there is no bigger trend on the horizon than aging drivers.

According to Connelly, designing vehicles that work for elderly drivers will even take on more importance in the future, not just because they are a big demographic, but also because life expectancies are sure to be longer in the future.

Relinquishing your driver's license at 80, when your life expectancy is 85 is one thing, but entirely another thing, she notes, if your life expectancy is 105. "What Ford is in an unusual position to do, is try to focus on innovation that might help extend the freedom and independence that comes from owning and operating a vehicle."

One tool Ford uses in its quest for innovation in this area is the Third Age Suit, which simulates the adding of 10 to 30 years of age to your body. "Young" engineers can put on this suit, to experience how elderly people have difficulty with simple functions.

Nobody wants to drive a vehicle designed for old people and thankfully nobody has to, says Connelly, because the innovation that makes driving easier and safer for elderly drivers also serves everyone. Technologies like blind spot warning, cruise control with automatic gap control and braking, and around-the-car camera monitors, are coveted by drivers of every age.

While these and future technologies will help senior drivers, they will no way alleviate the need to constantly monitor the deterioration of their driving abilities. Connelly notes that elderly drivers usually hand over the wheel to younger family members, when they jump in one vehicle together to get somewhere. The better plan, says Connelly, would be to let the elderly person drive.

"Let them drive, to see how their response time is and how confident they are on the road. This is something that has to be monitored constantly by family members … No technology will replace that."

ACCIDENTS

- Drivers 80 years of age and older are responsible for almost 70 per cent of the crashes in which they were involved.
- Drivers over the age of 75 have a crash rate per kilometer more than 3.5 times higher than individuals aged 35-44.

SOURCES: ROADSAFE B.C., CANADA SAFETY COUNCIL

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See dealer for limited warranty details. ††2016 Cruze Limited LTZ, MSRP with freight, PDI & levies: $29,039. 2016 Equinox LTZ FWD, MSRP with freight, PDI & levies: $34,139. 2016 Malibu Limited LTZ, MSRP with freight, PDI & levies: $34,900. 2015 Trax LTZ, MSRP with freight, PDI & levies: $30,394. Dealers are free to set individual prices. ΔEPA estimated. ◊Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.safercar.gov). ©Based on 2015 Insurance Institute for Highway Safety (IIHS) testing

metro SPORTS

Steve Nash and Phoenix Suns owner Robert Sarver have bought a controlling share of Spanish soccer club Real Mallorca

IN BRIEF

MLB players sue Al-Jazeera
Two baseball players have filed defamation lawsuits against Al-Jazeera America over statements made in a documentary about performance-enhancing drugs.

Ryan Zimmerman and Ryan Howard filed the suits Tuesday in U.S. District Court in Washington. The suits refer to the documentary The Dark Side: Secrets of Sports Doping.

The suit alleges that Charles Sly, a pharmacist who appeared in the documentary, made false statements when he said Zimmerman and Howard took HGH. THE ASSOCIATED PRESS

Toronto fighter has opponent for UFC 196
Canadian light-heavyweight Misha Cirkunov will welcome American newcomer Alex Nicholson to the UFC next month at UFC 196 in Las Vegas.

Nine of the Torontonian Cirkunov's 10 wins have come in the first round. THE CANADIAN PRESS

GTA's Laryea lands Adidas deal ahead of MLS draft
Canadian midfielder Richie Laryea has agreed to a Generation Adidas contract and will be available in next week's MLS SuperDraft.

A source confirmed that the Toronto native, who turns 20 on Thursday, is going the Generation Adidas route, which allows underclassmen to enter the draft with attractive contract benefits. THE CANADIAN PRESS

Fantastic Finnish

WORLD JUNIORS

Maple Leafs prospect sends Suomi into euphoria

There was no wiping the smile off Kasperi Kapanen's face.

From the moment the Maple Leafs prospect scored the golden goal to give Finland a 4-3 overtime win over Russia in the gold-medal game of the world juniors, to the locker-room celebration where he danced and to the media area where he rolled through the same answers with dozens of questioners.

Kapanen — a Leafs prospect thanks to the off-season trade that sent Phil Kessel to Pittsburgh — had never scored a bigger goal.

"I don't know how to describe it right now," Kapanen said. "In shock but really happy at the same time.

"We really deserved that gold medal. We had a really good tournament throughout."

Outside the Hartwall Arena and through the streets of Helsinki, Finnish hockey fans celebrated the country's fourth gold medal at this event, and second in three years. Twitter was filled with pictures of naked men running through the streets as the party started.

"I guess we'll have to go join them," Kapanen said.

A Finnish teammate tweeted video of Kapanen dancing in the dressing room. "I'm not much of a dancer, but I tried," he said.

Kasperi Kapanen and teammates Vili Saarijarvi and Joni Tuulola celebrate after Kapanen's overtime goal against Russia on Tuesday in Helsinki. RONI REKOMAA/AFP/GETTY IMAGES

GOLD-MEDAL GAME

4	3

And William Nylander, Kapanen's best friend with the AHL Toronto Marlies and rival on the Swedish junior team, tweeted his congratulations.

Sweden finished fourth, losing the bronze-medal game to the Americans. Nylander didn't play after suffering a suspected concussion in the first game of the tournament.

Russia got silver, its sixth medal in six years.

"We are the nation that battles until the last second," said Russian defenceman Ivan Provorov, a Flyers prospect.

Among the five Leafs prospects who were in Helsinki, Sweden's Dmytro Timashov and Canada's Mitch Marner stood out.

And on Finland's team, it was 17-year-old forwards Jesse Puljujarvi and Patrik Laine who deservedly got all the ink. Puljujarvi led the tournament with 17 points, Laine was third with 13.

Kapanen's game rounded into form in the semifinals, where he had two assists to help get Finland to the final. Now he will be remembered for scoring the golden goal 1:33 into overtime.

"It's great to be remembered that way," Kapanen said. "It was pretty tough when (Russia) scored with seven seconds left, but we were pretty confident going into overtime. This time it just happened to be me."

He couldn't even describe the wrap-around goal. "Everything is so blurry. It's excitement and shock at the same time."

His teammates mobbed him.

"What a goal by him," said captain Mikko Rantanen, who had scored with just a little more than two minutes to go in a wild third period to give Finland a 3-2 lead. "He took the whole team on his back and scored the goal." TORSTAR NEWS SERVICE

TORONTO TIES

Maple Leafs prospects' production in Helsinki:

Travis Dermott, D, Canada

GP	G	A	PTS
2	0	2	2

Kasperi Kapanen, F, Finland

GP	G	A	PTS
7	2	3	5

Mitch Marner, F, Canada

GP	G	A	PTS
5	4	2	6

William Nylander, F, Sweden

GP	G	A	PTS
3	1	0	1

Dmytro Timashov, F, Sweden

GP	G	A	PTS
7	2	5	7

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MLB

Bonds, Clemens expected to get more HOF votes

Barry Bonds, Roger Clemens and other tainted stars of the Steroids Era appear likely to get a boost in Hall of Fame balloting Wednesday, but not enough to enter Cooperstown this year.

Following the elimination of about 100 retired baseball writers from the electorate, Bonds and Clemens were on track for a 5-10 percentage point increase.

Ken Griffey Jr. seems assured of election on the first try, possibly with a record vote of close to 100 per cent. THE ASSOCIATED PRESS

Jays snag reliever from A's

The Toronto Blue Jays acquired right-hander Arnold Leon from the Oakland Athletics on Tuesday in exchange for cash considerations or a player to be named later.

The 27-year-old reliever made his big-league debut with the Athletics last season, going 0-2 with a 4.39 earned-run average over 19 appearances.

THE CANADIAN PRESS

Anthopoulos reportedly set to join Dodgers

Former Toronto Blue Jays general manager Alex Anthopoulos will reportedly join the Los Angeles Dodgers, according to Vince Cauchon, a sports reporter for Quebec City's CHOI 98.1 who tweeted the news Sunday.

Alex Anthopoulos
THE CANADIAN PRESS

When contacted by Torstar News Service on Tuesday, Anthopoulos declined to comment.

The Dodgers have been a long-rumoured landing spot for the 38-year-old baseball executive, who opted to walk away from the Jays' front office in October after the franchise's most successful season in 22 years rather than work under new team president Mark Shapiro.

The Dodgers' general manager is Farhan Zaidi, a former assistant GM of the Oakland A's.

TORSTAR NEWS SERVICE

Raptors in search of solid defensive outing

NBA

Toronto has given up 237 points in its past two games

Teams generally treat road trips as strictly business, but the Toronto Raptors should be using the rest of this week as a chance for soul-searching.

In losing their last two games, the Raptors have gotten away from the defensive identity they've worked all season at building. The list of out-of-character moments has piled quickly in this short stretch.

The Raptors gave up 115 points to the Chicago Bulls on Sunday, when they were torched for 40 second-half points by guard Jimmy Butler. Then on Monday in Cleveland, they gave up 122 to the Cavaliers, including 17 successful three-pointers, eight of which came from J.R. Smith.

LeBron James, right, and the Cavaliers poured in 122 points against Bismack Biyombo and the Raptors on Monday.
TONY DEJAK/THE ASSOCIATED PRESS

Dwane Casey sounded exasperated after Monday's loss, when the Cavs pulled away in the third quarter and blew the game open behind Kyrie Irving's all-star calibre night.

"When you score 100 points (Monday) night, (you score) 113 points (Sunday), it's enough points to win in this league," Casey said. "Until we turn it around defensively, we're looking for seven or eight guys that are going to be committed to the defensive end. Until we do that, we're kidding ourselves."

> **"These are the things we need to accomplish first, then worry about the offence.**
> DeMar DeRozan

The Raptors announced Monday night that forward and prized defensive stopper DeMarre Carroll won't be one of those seven or eight bodies for the foreseeable future.

There's no timetable on Carroll's return from his knee injury, but the team will take its time in bringing him back. Monday marked the 13th game Carroll has missed this season. The knee injury is the bulk of that problem, but plantar fasciitis in his feet has factored into some of the absence as well.

TORSTAR NEWS SERVICE

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RECIPE One Pot Chicken Pasta

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

The genius of this recipe is that the pasta cooks right in the sauce, meaning you only have one pot to clean.

Ready in
Prep time: 30 minutes
Serves 4

Ingredients
- 1 Tbsp olive oil
- 4 skinless, boneless chicken breasts, cubed
- 2 cloves garlic, minced
- 2 cups mushrooms, sliced
- 1 Tbsp fresh Thyme
- 1/2 cup white wine
- 1/2 cup chicken stock (or 1 cup of stock if you don't have or feel like using wine)
- 1 x 28 oz can of whole tomatoes
- 1 cup water
- 225 grams of dried pasta
- Salt and pepper to taste
- 1/2 cup mozzarella

Directions
1. Warm up your olive oil in a large, deep skillet over medium heat. Brown the chicken, working in batches. Once all the meat is nicely browned but not cooked through, add the garlic and give it all a stir.
2. Now add the thyme and mushrooms and let them soften up and kick off their juices. Add the wine and/or stock, water and tomatoes. Break the tomatoes up with the back of a wooden spoon.
3. Bring the sauce to a bubbly simmer and add your pasta. As the pasta softens up in the heat, push it under the liquid. Depending on which pasta you're using it will take about 15 to 20 minutes. Check seasoning and remove from the heat.
4. Top evenly with mozzarella and serve.

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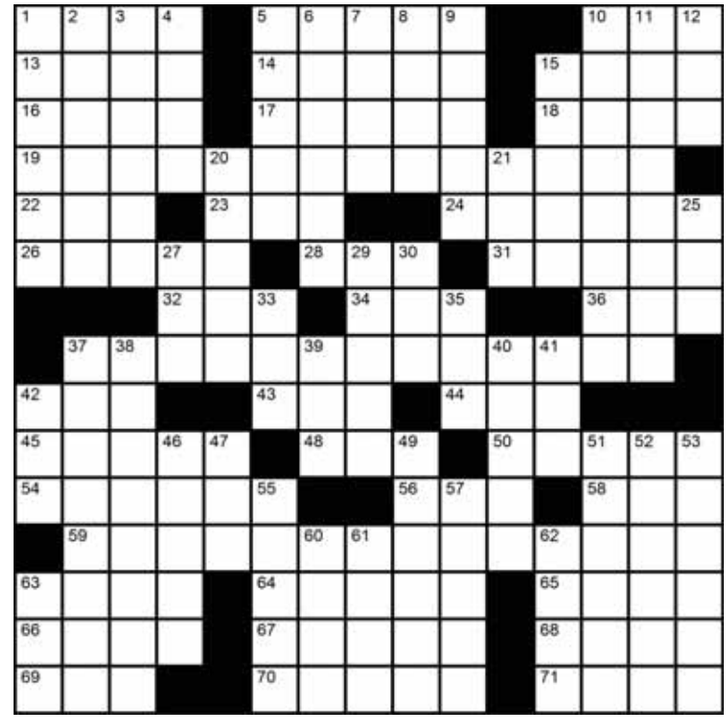
BY KELLY ANN BUCHANAN



ACROSS
1. Tropical birds
5. Explode
10. Baseball bosses, briefly
13. Actor Rob
14. Singer Ms. Baker
15. Coin insertion place
16. __ __ all possible
17. P.E.I., The __ Province
18. Jekyll's other side
19. As per #37-Across... Tune by The Weeknd in the 'Favorite Song' category: 4 wds.
22. German article
23. 'Pay' suffix
24. Dawn goddess in Roman mythology
26. British singer/activist Billy
28. Vintage laundry detergent brand
31. Frankie Goes to Hollywood hit
32. Him, in Quebec
34. Dance step
36. 'Social' suffix
37. Wednesday, Jan. 6, 2016 on CBS... __ __ Awards
42. _ __ mode
43. Look
44. Energy unit
45. Gulf of St. Lawrence attraction, __ Rock
48. 'Inc.' cousin
50. Canada __ (Patriotic bird)
54. Tropical fruit
56. Hawaii's __ Beach
58. Airport for The Kardashians, commonly
59. Maple taffy drizzled on snow treat in Quebec: 4 mots
63. Good: French
64. Rain/snow mix
65. Declare with certainty
66. As soon as...
67. Matrikin
68. Clay-ish stuff
69. Questionnaire question
70. Certain candle
71. Celebratory cries!

DOWN
1. The Autobiography of __ _. Toklas (1933 Gertrude Stein book)
2. "That's against the rules!": 2 wds.
3. "_ __ Be Your Man" by The Beatles
4. Rectangular paving†block
5. Bakery item
6. Like the book that's never been opened
7. Historic Canadian Louis
8. Base
9. Ms. Tucker
10. _ Acid Peel (Dermatology clinic service)
11. Preside over the political debate
12. Fr. holy woman
15. Portion
20. Be a mirror in a just-used-shower bathroom: 2 wds.
21. Cat's coat
25. Logs-making need
27. Mop & __ (Floor cleaner)
29. Bothered
30. Mr. Efron
33. They, in Sherbrooke
35. Talking Heads' "And __ Was"
37. Creation of fashionable folds
38. Secret Service agent's electronics device
39. Fitting-here fish
40. Musical grinder
41. "_ __ Blind" by 54-40
42. Handheld add-on
46. Chili con __
47. Storm's centre
49. Erase
51. John's "Grease" (1978) co-star
52. In a wise way
53. Strains
55. Plus
57. Tap liquid
60. Arm bone
61. Harvest
62. Effortless
63. Red carpet scarf

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Take initiative. If you sit around waiting for others to make the first move it's unlikely you'll get anywhere. Aries is a Cardinal sign, meaning you have leadership qualities, so get out there and lead.

Taurus April 21 - May 21
There is a danger that with so many people singing your praises you'll lose sight of the fact that you make mistakes just like everyone. Don't let the hero worship go to your head.

Gemini May 22 - June 21
There may be a lot of stress in your life but you will find ways to cope. One way, of course, is to take nothing too seriously. If you can't laugh at life then you're doing it wrong.

Cancer June 22 - July 23
Don't allow others to speak on your behalf. If you do there is a very good chance they'll say something that causes problems. Take responsibility for your own thoughts and beliefs — and always speak from the heart.

Leo July 24 - Aug. 23
How much do you trust someone? Enough to let them handle your money? If you're convinced that they won't cheat you then let them make decisions. If not, stay in control.

Virgo Aug. 24 - Sept. 23
You want to push your luck today. You want to take chances. A link between the Sun and Pluto in your fellow Earth sign of Capricorn means you know that you can't be beaten.

Libra Sept. 24 - Oct. 23
If someone needs your help today you must give it with no questions asked. A deed done with no thought for your own reward will do no end of good. The way to change the world is to be nice.

Scorpio Oct. 24 - Nov. 22
This promises to be an excellent day socially, get out and make new friends and enjoy new experiences. Someone you meet on your travels will say something that opens your mind to new possibilities.

Sagittarius Nov. 23 - Dec. 21
Don't follow the herd. Go your own way and, if certain people don't like it, take that as a sign you are on the right track. You make the rules.

Capricorn Dec. 22 - Jan. 20
Stand back from yourself and work out why you think and act in certain ways. Once you realize that so much of what you do is done out of habit it will be easier to change things.

Aquarius Jan. 21 - Feb. 19
Use your powers of persuasion to do what needs to be done. It may be annoying having to rely on other people but the planets warn you won't get far on your own.

Pisces Feb. 20 - March 20
You're in the mood to take a few risks and they will pay if you join forces with like-minded people and work together towards a common goal. Anything is possible when you are part of a team.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			5		1		4	
2		9				8		
	4				3		9	
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